



## Patagonia Pack List

### Winter MultiSport Torres del Paine

Winter in Patagonia is filled with wonder and life! During the off-season (May – August), days are shorter - typically sunrise is around 8:45 am and sunset at 4:30 pm, and temperatures drop between -10 and 10 Celcius. However, this is a dry cold since there is a higher probability of stable weather in winter; clear skies and the famous winds of Patagonia calm down between May and October. There is a strong possibility of ice and snow covering the trails making for slippery terrain and perhaps a slower pace while hiking. During active days we recommend using synthetic, quick drying undershirts since cotton doesn't dry quickly. The secret in Patagonia is dressing in layers - obtaining maximum comfort and warmth with minimum weight.

#### Documentation & Required Items

- Passport with PDI Entry Ticket

#### For Active Days

- 5 -15 Liter Day Pack (for personal belongings)
- Hiking Boots (waterproof & broken-in)
- Hiking Pants (preferably synthetic materials)
- Waterproof Jacket & Pants (ex: Gore-Tex®)
- Thermal, Synthetic Quick Drying Undershirts (ex.: Capilene)
- Fleece Jacket or similar
- Fleece or Wool Buff or Scarf
- Fleece or Wool Hat with Ear-Cover
- Long Wool Blend Hiking Socks (ex: Smartwool®)
- Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- Waterproof / Fleece / Woolen Gloves
- Midweight to heavy weight hiking socks (synthetic moisture wicking)
- Gaiters
- Trekking Poles
- Sunglasses with Neck Strap
- UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- Refillable Water Bottle or Hydration System **\*Water is refilled from reliable sources within the national park such as streams/taps. Water in Torres del Paine does not need to be filtered as there is no presence of Girardi. However, you may bring your own filter or purification tablets.**

#### Post-Excursion & Personal Items

- Comfortable clothes for relaxing after excursions
- Comfortable footwear for travel & inside the lodgings (ex: Crocs®) (can be used in showers too)
- Sleepwear
- Change of long socks / underwear
- Toiletries
- Alcohol Gel
- Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- Shower Towel (quick drying recommended)

#### Optional

- Sleeping Liner (Cocoon® or similar)
- Reading Materials
- Binoculars
- Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)