

Patagonia Pack List

Torres del Paine Horseback Riding Expeditions

Patagonian Estancias

The weather is famous in Patagonia. You might experience 4-seasons in one day, including high winds to extreme sun down to chilling cold. The secret in Patagonia is to dress in layers; obtain the maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast which is why we recommend **not** using cotton since it does not dry as quickly as synthetic materials made for active outdoor adventures. **If you are** thinking of buying new riding boots, make sure to wear them beforehand. We recommend bringing a skin lubricant such as "Body Glide®" which can help with chafing and saddle sores.

Documentation & Required Items

□ Passport

For Riding Days

- □ Riding Boots (broken-in)
- ☐ Riding pants (jeans or other comfortable trousers)
- ☐ Waterproof Jacket & Pants (ex: Gore-Tex®)
- ☐ Thermal, Synthetic Quick Drying Undershirts (ex.:Capilene)
- ☐ Fleece Jacket or similar
- □ Fleece or Wool Buff or Scarf
- ☐ Fleece or Wool Hat with Ear-Cover
- □ Wool Blend Socks (ex: Smartwool®)
- ☐ Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- ☐ Waterproof / Fleece / Woolen Gloves
- □ Sunglasses with Neck Strap
- □ UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- ☐ Hat for blocking the sun
- □ Refillable Water Bottle or Hydration System *Water is refilled from reliable sources within the national park such as streams/taps. Water in Torres del Paine does not need to be filtered as there is no presence of Girardi. However, you may bring your own filter or purification tablets.

For Post-Rides at Camp/Estancias

- ☐ Relaxing clothes for after rides around refugio/camp
- □ Down jacket for around camp
- □ Sleepwear
- □ Change of socks/underwear
- □ Toiletries, Biodegradable Shampoo/Conditioner
- □ Alcohol Gel
- □ Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- ☐ Shower Towel (quick drying recommended)

Optional

- □ Mosquito Repellent
- □ Reading Materials
- ☐ Small Pocket Knife (Swiss Army or similar)
- □ Waterproof Baggies to keep personal items dry
- ☐ Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)
- □ Binoculars