



Patagonia Pack List

Paine Big Circuit in Torres del Paine

The weather is famous in Patagonia. You might experience four seasons in one day, including high winds to extreme sun to chilling cold. The secret in Patagonia is to dress in layers and obtain maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials that dry fast, which is why we recommend **zero** cotton and quick-drying synthetic materials made for active outdoor adventures. If you are thinking of buying new shoes, make sure to wear-them-in beforehand.

Documentation & Required Items

- Passport with PDI Entry Ticket

For Active Days

- 40 - 60 Liter Backpack (to transport personal belongings)
- 3 - 4 season sleeping bag (-5/-10°C with compression stuff sack)
- Therm-a-rest® or similar sleeping mat (lightweight and compact recommended)
- *Sleeping bags & mats may be rented from Chile Nativo in advance**
- Sleeping Liner (Cocoon® or similar)
- Hiking Boots (waterproof & broken-in)
- Hiking Pants or Zip-Off Convertible Pants (preferably synthetic materials)
- Waterproof Jacket & Pants (Gore-Tex®)
- Thermal, Synthetic Quick Drying Undershirts (ex.: Capilene)
- Fleece Jacket or similar
- Fleece or Wool Buff or Scarf
- Fleece or Wool Hat with Ear-Cover
- Wool Blend Hiking Socks (ex: Smartwool®)
- Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- Waterproof / Fleece / Woolen Gloves & Trekking Gaiters
- Sunglasses with Neck Strap
- UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- Hat for blocking the sun
- Refillable Water Bottle or Hydration System ***Water is refilled from reliable sources within the national park such as streams/taps. Water in Torres del Paine does not need to be filtered as there is no presence of Girardi. However, you may bring your own filter or purification tablets.**

For Post-Excursion & Evenings at Refugios/Camp

- One change of clothes for post-hike around refugio/camp
- Sandals or other similar footwear (like Crocs) for inside the refugios (can be used in showers too)
- Sleepwear
- Change of socks/underwear
- Toiletries (no soap/shampoo available in refugios)
- Alcohol Gel
- Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- Padlock for lockers at mountain refugios
- Shower Towel (quick drying recommended)

Optional

- Trekking Poles (highly recommended)
- Mosquito Repellent
- Reading Materials
- Binoculars
- Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)