



## Patagonia Pack List

### Torres del Paine Horseback Riding Expeditions

#### *Estancias & Glaciers*

*The weather is famous in Patagonia. You might experience 4-seasons in one day, including high winds to extreme sun down to chilling cold. The secret in Patagonia is to dress in layers; obtain the maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast which is why we recommend **not** using cotton since it does not dry as quickly as synthetic materials made for active outdoor adventures. **If you are thinking of buying new riding boots, make sure to wear them beforehand. We recommend bringing a skin lubricant such as "Body Glide®" which can help with chafing and saddle sores.***

#### **Documentation & Required Items**

- Passport with PDI Entry Ticket

#### **For Riding Days**

- 5L DryBag to Store Personal Belongings in a Saddle Bag (to carry water, personal items such as clothing layers, camera, etc.)
- Riding Boots (broken-in)
- Riding pants (jeans or other comfortable trousers)
- Waterproof Jacket & Pants (ex: Gore-Tex®)
- Thermal, Synthetic Quick Drying Undershirts (ex.:Capilene)
- Fleece Jacket or similar
- Fleece or Wool Buff or Scarf
- Fleece or Wool Hat with Ear-Cover
- Wool Blend Long Socks (ex: Smartwool®)
- Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- Waterproof / Fleece / Woolen Gloves
- Sunglasses with Neck Strap
- UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- Hat for blocking the sun
- Refillable Water Bottle or Hydration System **\*Water is refilled from reliable sources within the national park such as streams/taps. Water in Torres del Paine does not need to be filtered as there is no presence of Girardi. However, you may bring your own filter or purification tablets.**

#### **For Post-Rides at Camp/Estancias**

- Sleeping Bag (3-4 season, -5/-10°C with compression stuff sack)
- Sleeping Mat: Therm-a-rest® or similar (lightweight and compact recommended)
- Relaxing clothes for after rides around refugio/camp
- Down jacket for around camp
- Sleepwear
- Change of long socks/underwear
- Toiletries, Biodegradable Shampoo/Conditioner
- Alcohol Gel
- Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- Shower Towel (quick drying recommended)

#### **Optional**

- Sleeping Liner (Cocoon® or similar)
- Mosquito Repellent
- Reading Materials
- Small Pocket Knife (Swiss Army or similar)
- Waterproof Baggies to keep personal items dry
- Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)
- Binoculars