



Patagonia Pack List

Dientes de Navarino Trek

The weather is famous in Navarino Island. You might experience 4-seasons in one day, including high winds to extreme sun down to chilling cold. The secret is to dress in layers; obtain the maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast which is why we recommend **not** using cotton since it does not dry as quickly as synthetic materials made for active outdoor adventures. If you are thinking of buying new boots, make sure to wear them beforehand. Expect to carry between 17-20 kgs total during which includes your personal belongings and shared items such as tents, food, cookware, etc.

Documentation & Required Items

- Passport with PDI Entry Ticket

For Active Days

- 60 - 70 Liter Backpack (besides your personal belongings you will need to carry common equipment such as 1/2 tent, food, cooking utensils)
- 3 - 4 season sleeping bag (-5/-10°C with compression stuff sack)
- Sleeping Liner (Cocoon® or similar)
- Therm-a-rest® or similar sleeping mat (lightweight and compact recommended)
- *Sleeping bags & mats may be rented from Chile Nativo in advance**
- Hiking Boots (waterproof & broken-in)
- 2 Pairs Hiking Pants or Zip-Off Convertible Pants (preferably synthetic materials)
- Waterproof Jacket & Pants (Gore-Tex®)
- 2-3 Thermal, Synthetic Quick Drying Undershirts (ex.: Capilene®)
- Fleece Jacket or similar
- Fleece or Wool Buff or Scarf
- Fleece or Wool Hat with Ear-Cover
- 3 Pairs Wool Blend Long Hiking Socks (ex: Smartwool®)
- Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- 2 Pairs Gloves (1 Waterproof and 1 Liner or Wool)
- Trekking Gaiters
- Sunglasses with Neck Strap
- UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- Hat for blocking the sun
- Refillable Water Bottle or Hydration System ***Water is refilled from reliable sources such as streams/taps. Water does not need to be filtered, however, you may bring your own filter or purification tablets.**

For Post-Excursion & Evenings at Camp

- One change of clothes for camp/sleepwear
- Lightweight sandals for around camp (can be used to cross streams)
- Change of long socks/underwear
- Toiletries (no soap/shampoo available in refugios)
- Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- Shower Towel (quick drying recommended)
- Small flashlight or headlamp with extra batteries

Optional

- Dry bags to protect your belongings inside your backpack
- Trekking Poles (highly recommended)
- Mosquito Repellent
- Reading Materials
- Binoculars
- Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)

IMPORTANT: DAP Airlines only allow 12 kg per guest. Therefore you should bring a maximum of 12 kg or less which includes your personal belongings, sleeping bag and mat. Expect to carry an additional 5 - 8 kgs (17 - 20 kgs total during each day's trek) which includes your personal belongings and shared items such as tents, food, cookware, etc.