



Patagonia Pack List

Backpacking in Patagonia

The weather is famous in Patagonia. You might experience 4-seasons in one day, including high winds to extreme sun down to chilling cold. The secret in Patagonia is to dress in layers; obtain the maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast which is why we recommend **not** using cotton since it does not dry as quickly as synthetic materials made for active outdoor adventures. If you are thinking of buying new shoes, make sure to wear them beforehand.

Documentation & Required Items

- Passport with PDI Entry Ticket

For Active Days

- 40 - 60 Liter Backpack (to transport personal belongings)
- 3 - 4 season sleeping bag (-5/-10°C with compression stuff sack)
- Sleeping Liner (Cocoon® or similar)
- Therm-a-rest® or similar sleeping mat (lightweight and compact recommended)
- *Sleeping bags & mats may be rented from Chile Nativo in advance**
- Hiking Boots (waterproof & broken-in)
- Hiking Pants or Zip-Off Convertible Pants (preferably synthetic materials)
- Waterproof Jacket & Pants (Gore-Tex®)
- Thermal, Synthetic Quick Drying Undershirts (ex.: Capilene)
- Fleece Jacket or similar
- Fleece or Wool Buff or Scarf
- Fleece or Wool Hat with Ear-Cover
- Wool Blend Long Hiking Socks (ex: Smartwool®)
- Small Flashlight or Headlamp (and extra batteries if using a headlamp which requires batteries)
- Waterproof / Fleece / Woolen Gloves & Trekking Gaiters
- Sunglasses with Neck Strap
- UV Sun Protection Including for Face & Lips (minimum 30 SPF)
- Hat for blocking the sun
- Refillable Water Bottle or Hydration System ***Water is refilled from reliable sources within the national park such as streams/taps. Water does not need to be filtered as there is no presence of Girardi. However, you may bring your own filter or purification tablets.**

For Post-Excursion & Evenings at Refugios/Camp

- One change of clothes for post-hike around refugio/camp
- Sandals or other similar footwear (like Crocs) for inside the refugios (can be used in showers too)
- Sleepwear
- Change of long socks/underwear
- Toiletries (no soap/shampoo available in refugios)
- Alcohol Gel
- Personal Medical Kit (prescription medications, cold medicine, blister treatment such as moleskin or second skin)
- Padlock for lockers at mountain refugios
- Shower Towel (quick drying recommended)

Optional

- Trekking Poles (highly recommended)
- Mosquito Repellent
- Reading Materials
- Binoculars
- Camera, chargers, & extra batteries (Chile uses 220V and plugs with 2 pins)